



**SYC Little League
2019 Spring Season
Coaches First Aid Training and
Orientation**

March 14, 2019; 6:00 pm

New Freedom Community Center Lions Room

Agenda

- Coaches Orientation
- First aid training
- Q&A
- Rules summary

SYC Little League Coaches Orientation

- Meet the Board of Directors
- Practice Schedule Info
- Volunteers
- Equipment updates
- Tournament Info
- Positive Coaching Alliance (PCA)
- Volunteers
- Field Maintenance
- Additional Info
- Coach Mentor/Mentee



Meet the SYCLL Board of Directors

Board Position	Volunteer
President / Background Clearances	Matt Shue
VP – Operations	Anthony Bullano
VP – Challenger Division	Jen Perry
Secretary	Andrea Jamison
Safety Officer / Equipment Manager	Cory Blais
Treasurer	Chris Copenhaver
Coaches Coordinator	Brad Heilman
Player Agent	Mike Enslen
League Scheduler	Jill Kirchoffner

Board Position	Volunteer
Information Officer / Player Agent (PPM)	Steve Lanigan
Sponsorship Coordinator	Eric Mueck
Umpire in Chief	Matt Cochran
Events/Spirit Coordinator	Brian Gray
13-16 Division Representative	Brian Martin
Field Maintenance Coordinator	Open
Concession Manager	Open
Summer/Fall Director	Open

Practice Schedules

Opening Day: April 6th, 2019

- Building practice schedule – teams practicing
- Outside practice schedule –
 - T-ball
 - All other divisions (hybrid, PPM, Majors)
- We need **YOUR** help!

Please do:

- follow league practice schedule
- leave the building in better shape than when you arrived
- drag fields and secure equipment when finished



Please do NOT:

- practice outside of the league practice schedule
- practice on fields before they're ready
- drive on fields or grass!

Volunteers: critical to success of organization!

- Roles*:
 - Coaches/Managers
 - Team Parents
 - Practice Volunteers
 - Field Maintenance
 - Umpires
 - Board Members



*ALL require background clearance in accordance with PA State Law and Little League International

Volunteers (cont.)

- Online info: Sycwarriors.org – baseball – volunteer
- PA State law; requirements:
 - PA Criminal History
 - PA Child Abuse Clearance
 - PA affidavit/signature form (if you have been a resident of PA for 10 continuous years)
 - OR
 - FBI Finger print clearance (if you have not been a resident of PA for 10 continuous years)
- Little League International:
 - Photo ID
 - Online volunteer application and clearance (administered by JD Palantine)

Equipment Standards Reminder:



BATS: January 1, 2018 Little League implemented the new USA Baseball Bat Standard.

- Tball – please make sure bats are Tball bats (26” length). Must be USA Baseball Tball bat, or, will need a USA baseball ‘sticker’ (we will provide)
- Majors and Minors – 33” length or less, 2 5/8” diameter or less; must be USA Baseball
 - Hybrid – no Tball bats allowed; all bats must be a minimum of 27” in length and have the USA Baseball logo (cannot be a sticker)
- Intermediate – 34” length or less; 2 5/8” diameter or less; all bats must be USA Baseball OR BBCOR



Equipment Standards Update:

HELMETS:

- Jaw Guards (i.e. cheek flaps or “c-flaps”) are legal; however, they **MUST** be the same manufacturer as the helmet (e.g., Easton helmet requires an Easton C-flap) AND you **MUST** keep a copy of the manufacturers certification letter with you for each game (clarification: letter must be a hard copy – cannot be ‘on phone’).
- <https://www.littleleague.org/playing-rules/modifying-helmets-with-additional-attachments/>
- Current manufacturer’s with certification letter available: Easton, Wilson, EvoShield, DeMarini, Mizuno, Boombah, All-Star, Rawlings, Campro, Under Armour





27 July 2018

Mr. Patrick Wilson
Senior Vice-President of Operations and Program Development
Little League International
539 US Highway 15
Williamsport, PA 17701

Re: "C-Flap" and NOCSAE Certification

Dear Pat:

We are in receipt of your letter and email dated 16 May 2018 requesting clarification on NOCSAE certification of Easton helmets to which a player adds a "C-flap". We provide the following response.

Our position is simple – the addition of any device to one of our helmets voids the SEI certification to the NOCSAE Standard if the user materially alters the helmet in order add the device. Generally, third party c-flaps cannot be properly attached to Easton helmets without modification. As such, their addition, regardless of how attached, voids both our warranty and its SEI certification.

We are aware of a couple of exceptions to the general rule provided above regarding the attachment of third party C-flaps to Easton helmets. The Markwort C-Flap can be properly attached to Easton's Z7, Z6 and Z6 Elite helmets without modification. Our warranty and SEI certification to the NOCSAE Standard for these helmets remain intact when the Markwort C-Flap is properly attached. Please note, however, that the SEI certification to the NOCSAE Standard only extends to our helmet. NOCSAE does not publish any standard for c-flaps on a stand-alone basis, or when combined with helmets.

Please note, we now offer Easton's own *Extended Jaw Guard*. Easton's Extended Jaw Guard can be attached to our Z5 helmet, our Pro X helmet and our Elite X helmet. In all cases, the Extended Jaw Guard can utilize existing holes on these helmets for installation, requiring no modification. The Extended Jaw Guard -- when attached to the Z5, Pro X and Elite X -- will neither impact the warranty nor the SEI certification to the NOCSAE Standard of these helmets. Please note that the Pro X and Elite X helmets will be available for purchase with the Extended Jaw Guard already attached as combined products, or as standalone helmets as well.

We hope this is helpful and provides the requested clarification. Please let us know if you have any questions.

Thank you,

Easton Diamond Sports, LLC

cc: Karl Eckweiler (via email only)
Calin Thomas (via email only)



July 19, 2018

Helmet Add-Ons And NOCSAE Certification

Under Armour offers a number of different baseball and softball batting helmet face guards designed to fit Under Armour batting helmets. These batting helmet face guards are SEI Certified to the NOCSAE Standard which requires both annual 3rd party testing as well as ongoing quality control (QC) impact testing. With the rise in popularity of cheek-flap products, it should be known that no cheek-flap or jaw extension product meets the NOCSAE standard for face protection.

We are introducing a jaw extension for Under Armour batting helmets. The Pro Face Guard™ will be in stock by the Fall of 2018 (model numbers UABHPFG-LHB / UABHPFG-RHB). It mounts to existing hardware in our helmets. No holes are drilled in the shell and no adhesives are used. We have tested our jaw extensions in our QC lab and they do not affect the testing performance of our helmets. We will continue QC test during production to ensure that the batting helmets are not negatively affected by our own add-on and still meet the NOCSAE Batter's Helmet Standard as intended.

If someone chooses to attach a helmet add-on from another company (such as C-Flap) to any Under Armour helmets, it voids our warranty because we cannot accurately assess how all possible add-ons will affect the base helmet model and the player using our helmet. This is particularly true if the add-on requires drilling a hole in the shell or gluing to the shell. Drilling a hole in the shell directly affects a "critical component" of the helmet. Per SEI and NOCSAE, as soon as a critical component is altered, it is a new model that requires 3rd party testing and QC testing of production. We cannot adequately QC test another company's add-ons. As such, altering a critical component voids the NOCSAE Certification of Under Armour helmets. Furthermore, we have no control of where a hole is drilled in the shell or what glue/adhesive is used. Both could negatively affect the integrity of the helmet shell and prevent the helmet from performing as intended.

For any further questions, please call 800.777.3810

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SYCLL Tournament Information

Tournament Schedule:

- SYC Little League Tournament Teams (June – July)
- ~June 22 – July 12, 2018 (Pool Play)
 - 9-10 International Team
 - 11-12 International Team (*SYCLL is 2019 Host Site!*)
- ~July 12 – July 30, 2018
 - 7-8 Clarence Boyd Team (100% player pitch)
 - 9-10 Clarence Boyd Team
 - 11-12 Clarence Boyd Team

Tournament Selection:

- Competitive play tournaments
- Fantastic experience for all involved
- Player eligibility requirements
- Manager eligibility requirements
- Documentation requirements
- Availability expectations
- Player selection process established
- Manager selection process established



Tournament Selection Process Document:
SYCWarrriors.org (select Document/Form Library
under Baseball menu)

Positive Coaching Alliance

- Double Goal Coach Workshop
 - Coaching for winning and Life Lessons
- Required for SYCLL Tournaments
 - Managers and coaches
- On-line is offered (\$20) – link sent mid-season



2019 PCA - COACH WORKSHOPS

DOUBLE GOAL COACH® - Level I (for first time PCA coaches)

“Double-Goal Coach®: Coaching for Winning and Life Lessons”

This interactive workshop begins by defining the Double-Goal Coach™ as one who strives to win and works to prepare his/her team to play at its highest level, and, at the same time, teaches life lessons (teamwork, dedication, bouncing back from mistakes, etc.) to his/her players.

Saturday March 9th, 2019 1:00 pm – 3:00pm – EAST: York College of Pennsylvania

Willman Business Center Lecture Hall : 1st Floor

Best Parking in top of the parking garage

NO FOOD OR DRINKS (Water Bottles ONLY)

Saturday March 16th, 2019 - 1:00 pm – 3:00 pm – WEST: TBD

Carlisle Community Center

415 Franklin Street, Carlisle 17013

Coaches will receive a Double-Goal Coach handbook and certification card upon completion of the workshop.

“I have used the PCA lessons for all the sports I coach. The concepts have universal applicability for all youth sports. Thanks.”

--Matt Oathout – YLL Coach



More than 94% of PA D14 survey respondents rated the 2016 PCA DGC Workshops Very Good to Excellent

More than 88% of PA D14 survey respondents rated the 2015 PCA DGC Workshops Quite to Very Useful

Over 53% of PA D14 survey respondents are promoters of this workshop
PA D14 2016 survey monkey results



BETTER ATHLETES

BETTER PEOPLE

<https://www.positivecoach.org>

“When joining YLL as a manager last year I was informed that we would have to attend a Positive Coaching Alliance seminar. My first thought was, “Great, here is a clinic telling us that everybody is a winner and nobody loses.”

Well, I was 100% mistaken. I have been to coaching seminars before and this was the best one I have attended. I highly recommend this seminar for any new or returning coach. ”

--- Nate Neumann – YLL Coach.

CONTACT:

Pete Kline
District Administrator
Pete.kline@pad14LL.org
(717) 887-6373
<http://www.etcamz.com/pad14/news/index.cfm?cat=927773>

Field Maintenance

- Home Team:

- Sits on 1B side of the field
- Responsible for field set-up (dragging and lining the field, installing bases)



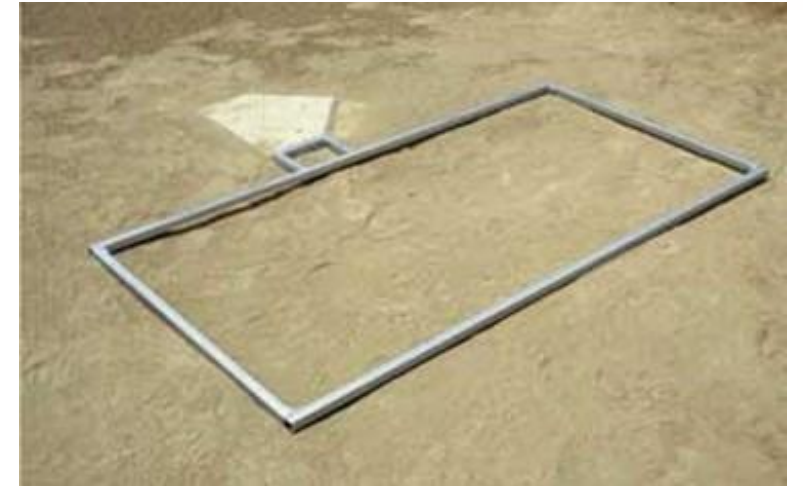
- Visiting Team:

- Sits on 3B side of the field
- Responsible for removing/securing bases
- Dragging the field





Gameday Field Prep

- Fill line cart with lime/chalk (Bags in field box or Windy Hill garage)
- Set batter's box template and trace in the dirt
- Select 2" line on cart and apply chalk to the template lines.
- Use stake/string to set foul lines
- Place stake at apex of home plate (or just beyond)
- Run string down baseline so that it touches to far edge of 1B or 3B (edge facing away from the field)
- Select 2" line on cart and apply chalk to the string line.
- Chalk a foul line to the edge of the infield grass.



Additional Information

- Medical release forms (required for each player)
- Challenger Division game assistance
- Manager/team sponsor involvement
- Manager help needed: Bull Roast (Friday, May 3, 2019)



**Little League Baseball and Softball
MEDICAL RELEASE**

NOTE: To be carried by any Regular Season or Tournament Team Manager together with team roster or International Tournament affidavit.

Player: _____ Date of Birth: _____ Gender (M/F): _____

Parent (s)/Guardian Name: _____ Relationship: _____

Parent (s)/Guardian Name: _____ Relationship: _____

Player's Address: _____ City: _____ State/Country: _____ Zip: _____

Home Phone: _____ Work Phone: _____ Mobile Phone: _____

PARENT OR GUARDIAN AUTHORIZATION:

In case of emergency, if family physician cannot be reached, I hereby authorize my child to be treated by Certified Emergency Personnel. (i.e. EMT, First Responder, E.R. Physician)

Family Physician: _____ Phone: _____

Address: _____ City: _____ State/Country: _____

Hospital Preference: _____

Parent Insurance Co: _____ Policy No.: _____ Group ID#: _____

League Insurance Co: _____ Policy No.: _____ League/Group ID#: _____

If parent(s)/guardian cannot be reached in case of emergency, contact:

Name	Phone	Relationship to Player
_____	_____	_____
_____	_____	_____

Please list any allergies/medical problems, including those requiring maintenance medication. (i.e. Diabetic, Asthma, Seizure Disorder)

Medical Diagnosis	Medication	Dosage	Frequency of Dosage
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Date of last Tetanus Toxoid Booster: _____

The purpose of the above listed information is to ensure that medical personnel have details of any medical problem which may interfere with or alter treatment.

Mr./Mrs./Ms. _____

Authorized Parent/Guardian Signature _____ Date: _____

FOR LEAGUE USE ONLY:

League Name: _____ League ID: _____

Division: _____ Team: _____ Date: _____

WARNING: PROTECTIVE EQUIPMENT CANNOT PREVENT ALL INJURIES A PLAYER MIGHT RECEIVE WHILE PARTICIPATING IN BASEBALL/SOFTBALL.
Little League does not limit participation in its activities on the basis of disability, race, color, creed, national origin, gender, sexual preference or religious preference.

Additional Information

- Manager help needed: York Revolution SYC Night (Saturday, May 11, 2019) – Please help pass the word and gather tickets (there will be a turn-in day to the concession stand).
- Concession stand success: we need your help!

TICKET ORDER FORM





Saturday May 11, 2019
York Revolution vs. High Point Rockers
PeoplesBank Park
Gates open at 5:30, Game begins at 6:30pm

Friends and family come out and support SYC Baseball on May 11th as the York Revolution take on the High Point Rockers. Prior to the game, players and coaches SYC will take the field and join Revolution players for the National Anthem!

<u>Ticket Type</u>	<u>Ticket Price</u>	<u># of Tickets</u>	<u>Total</u>
Field Box Ticket	\$8.00		\$
Food Voucher (Hatfield hotdog, soda & Martin's chips)	\$5.00		\$
			Total: \$

Name _____ Players Name _____

Address _____

Phone _____ Email _____

Checks made payable to "York Revolution Baseball"

All orders are due to Matt Shue by Friday April 26th

This offer is not available on the night of the game, only in advance!

For event questions please contact: Allyson Stough at 717-801-4477 or ASTough@yorkrevolution.com

WRISTBANDS FOR ALL CHILDREN UNDER THE AGE OF 12!

5 BROOKS ROBINSON WAY, YORK, PA | PEOPLESBANK PARK

Coaches Mentor/Mentee Program

- SYCLL is dedicated to building a strong coaching pool by offering less experienced managers and coaches a strong support network
- Geared toward: new managers, coaches who may want to manage in the future
- Managers interested in being mentored (i.e., the mentees) would be paired with a coach sponsor/mentor who would:



- be in a higher division (ideal but not required)
- have experience managing in your division
- be available (email, text, phone, or even in person) to help with, and advise, on a range of topics including, but not limited to: rules, lineups, **pitch counting/days of rest**, situational baseball vignettes, practice plans/drills, or other topics!

- Also looking for volunteers to lead and facilitate on-going email discussions with division managers on various support topics and communicate back to Board requests for support.

SYC Little League First Aid Training

- Presented by Erin Cronin, Nurse Practitioner



SYC Schedule / Upcoming Events:

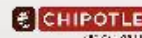
- March 23-24: Field maintenance day
- April 6 weekend: OPENING weekend for Little League Divisions
- April 15: SYCLL Spirit Night at Chipotle
- April 27: Picture day
- May 3: Bull Roast (New Freedom Community Center)
- May 11: SYC Baseball Night with the York Revolution



ONE FOR THE TEAM



Show your team spirit by joining us for a fundraiser to support SYC Baseball. Come in to the Chipotle at **98 Sofia Dr Ste E** in Shrewsbury on **Monday, April 15th** between **4:00pm** and **8:00pm**. Bring in this flyer, show it on your smartphone or tell the cashier you're supporting the cause to make sure that 33% of the proceeds will be donated to SYC Baseball.



Online orders will not be included in the fundraiser total. To ensure your purchase is counted in the fundraiser, be sure to order and pay in-restaurant. Gift card purchases during fundraisers do not count towards total donated sales, but purchases made with an existing gift card will count.

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Keep in Touch...

- SYCWarriors.org (Baseball menu)
- Facebook
 - @SYCBaseball
- Twitter
 - @SYCBaseball
- Email
 - syclittleleague@gmail.com



Rules Summary

- Intermediate Division: 2019 Little League Rulebook
 - USA Bat or BBCOR bats
- Majors Division: 2019 Little League Rulebook; PAD14 Interlock Rules
 - SYCLL intra-league games: continuous batting order
- Player Pitch Minors Division: SYCLL PPM Rules; PAD14 Interlock Rules; 2019 Little League Rulebook
- Hybrid Coach Pitch Division: SYCLL HCPM Rules; 2019 Little League Rulebook
- T-ball: SYCLL Rules